Release Worries Rabbi Zev-Hayyim Feyer

Our thought for today is RELEASE WORRIES

Releasing means confronting our own heart of darkness and turning things over to a Higher Love and Wisdom.

RELEASE WORRIES

When we release to this Divine Activity, we let go and we consent to the perfect healing and working out of thoughts and feelings with which we feel we cannot cope alone.

RELEASE WORRIES

Releasing with wisdom and love does not mean dumping in a fearful, chaotic manner.

RELEASE WORRIES

Neither does it mean walking away from our individual roles in solving a situation.

RELEASE WORRIES

Releasing with wisdom does not mean thrashing around in our self-imposed impotence; we do not complicate our feelings with the anxiety of being alone.

RELEASE WORRIES

When we release, we unleash. We unleash power, and difficulty surrenders.

RELEASE WORRIES

And now, let us enter the silence, taking this thought with us and resting in it RELEASE WORRIES

Release Worries

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